



Horse riding test

Thanks for downloading the manual! When I tried this test for the first time I already thought I can ride quite well. The test actually showed me otherwise.

It's a lot of fun to try it yourself, and you don't really need anything else other than your horse, a little bit of space and something to mark the course.

In case you don't reach the highest level, I have a video prepared for you that will show you my system of exercises that I use to train my horse, so I can quickly pass the test, without mistakes, in canter without holding my reins.

You will receive this following video on the same email address as you received this manual, so stay tuned because in just couple of days I will be sending it.

But until then just try the test, so you know where you are at.

There are 3 difficulty levels.

With each of them, start going around in walk first. If you manage to go around without a mistake, try it in trot, and then, in canter in case everything was ok, in canter. Always move on to next difficulty level when you can manage to do at least one lap without a mistake.

1. **Level** - Completing the course while holding your reins with both hands.

- i. In walk
- ii. In trot
- iii. In canter

2. **Level** - Completing the course holding your reins in just one hand

- i. In walk
- ii. In trot
- iii. In canter

3. **Level** – Completing the course without holding your reins. Simply leave your reins on your horse's neck and try to go around the course. Guide your horse just using pressure of your legs. Attempt to ride without holding reins only if you passed first and second level in all gaits. Also, always be ready to grab your reins and correct your horse in case he stops going where you want him to.

- i. In walk
- ii. In trot
- iii. In canter

What to do after you try it out?

Let me know how well you did! How far did you manage to get? You can leave me a comment or a link to your video in the comments section on this page:

<http://opravdovaduvera.cz/test>

Evaluating the test

If you managed to go through all difficulty levels in walk, trot and canter, you are doing really great.

However, if you didn't manage to get on the highest level yet, you can definitely do it!

The horse you saw in the video, never had a human on her back two years ago, and now I am able to pass the test with her on the highest level, without holding reins in canter.

And even though it might seem difficult, if you are now able to pass the test, going around holding your reins with both hands, you can definitely get on the highest level as well.

I will be sending you a new video showing my system of exercises that I use and that will help you as well to get on the highest level.

Enjoy and stay tuned for the next video!

Radek